



Public Health Sudbury & Districts is a progressive public health agency committed to improving health and health equity through evidence-informed practice.

Public Health works locally with individuals, families, communities, and partner agencies to promote and protect health and to prevent disease for everyone.



Our programs and services are for people of all ages and are offered in places where they are needed the most.

Prenatal education



↳ **345** women and their partners took part in our educational opportunities (**240** in-class, **105** online).

Health equity

↳ We hosted **23** *Bridges Out of Poverty*[®] workshops, which reached **442** participants from **68** organizations.

Blue-green algae

↳ We issued **11** blue-green algae advisories to encourage the public to take precautions.

Community sleep survey

↳ **1 295** people participated in our survey to help us learn about sleep health.

Indigenous engagement

↳ As part of our ongoing commitment to strengthening respectful engagement, we hosted **3** Steering Committee meetings and convened an External Advisory Committee, which encompassed **11** community voices. We also trained **35** managers in cultural humility and **45** staff in cultural competency.

Recreational water inspections

↳ We conducted a total of **456** beach inspections on **35** public beaches (weekly), which resulted in **2 718** bacteriological samples being collected, and **15** swimming advisories being issued.





Quit smoking clinic

↳ We offered **229** appointments, and distributed **250** nicotine replacement therapy vouchers, each valued at \$20.

School-based health promotion

↳ We facilitated **807** activities that reached **20 040** school community members. Topics included resiliency, mental health promotion, healthy eating, healthy weights, physical activity, injury prevention, sexual health, tobacco use, and substance use.

Health hazards

↳ We investigated **536** health hazard complaints, **33** of which supported marginalized populations in collaboration with partner agencies.

Oral health screening

↳ **960** Indigenous children participated in oral health screening programs in daycares, elementary schools, and health centres.

Social media engagement

↳ We reached **806 988** Facebook users and generated **296 400** Twitter impressions.

Harm reduction

↳ **1 210 563** needles were distributed through *The POINT*, our harm reduction supplies and services program.

Research and evaluation

↳ We led or consulted on **18** research and evaluation projects, including one focused on relationship building with First Nations and public health (*Exploring principles and practices for engagement to improve community health*).

Strategic plan engagement

↳ **300** surveys were completed by the public, partners, staff, and Board of Health members to inform our 2018–2022 strategic planning process.

Food premises inspections

↳ We conducted **3 435** inspections to make sure they comply with Ontario food premises regulations.

Enteric outbreaks

↳ We investigated **56** enteric outbreaks.

