

PUBLIC HEALTH

What's in it for you?



Public Health
Santé publique
SUDBURY & DISTRICTS

Active living scenario

You like being active within your community. Which of the following ways does Public Health support you?

- a. There are affordable recreation opportunities available to you.
- b. There are safe walking routes, bike paths, and green spaces.
- c. The beaches you visit are regularly inspected for water quality and safety.
- d. The canteen at your local recreation centre offers safe and healthy food options.
- e. The spaces are smoke-free.
- f. All of the above.

The answer to this question is **all of the above**.

Public Health Sudbury & Districts enforces laws that ensure safe food and water, develops campaigns on safe sex, alcohol use, healthy eating, and physical activity. We identify, warn of, and work to minimize environmental health hazards, provide or promote a variety disease screening programs, and advocate to improve the social and economic determinants of health such as education, social inclusion, and freedom from violence, discrimination, and poverty. We do this and so much more!

Municipalities and those who govern municipalities play an important role in the work of Public Health. They actively participate in the governance of Public Health Sudbury & Districts, provide money for public health, and partner in ongoing activities. All of these efforts support us in meeting our vision of a healthier community for all.

Public Health Sudbury & Districts is committed to improving health and reducing social inequities in the communities we serve. During this municipal election, get informed about public health matters in your community, get involved during the election process, and **vote on October 22, make your vote count!**

More information on Public health services is available at phsd.ca or 705.522.9200
(Toll-free: 1.866.522.9200).