

# PUBLIC HEALTH

## What's in it for you?



Public Health  
Santé publique  
SUDBURY & DISTRICTS

### Student scenario

You are a student living in your own apartment off campus. Which of the following ways does Public Health support you in your everyday life?

- a. You feel confident about travelling to and from school.
- b. The food you consume at school is safe and nutritious.
- c. You have learned how to cook your own meals.
- d. You purchase low-cost vegetables and fruit from a local Food Box Program.
- e. You can get sexual health information from the clinic.
- f. Information on alcohol and drugs is available to you if needed.
- g. All of the above.

The answer to this question is **all of the above**.

Public Health Sudbury & Districts enforces laws that ensure safe food and water and develops campaigns on safe sex, alcohol use, healthy eating, and physical activity. We identify, warn of, and work to minimize environmental health hazards, provide and promote a variety disease screening programs, and advocate to improve the social and economic determinants of health such as education, social inclusion, and freedom from violence, discrimination, and poverty. We do this and so much more!

Municipalities and those who govern municipalities play an important role in the work of Public Health. They actively participate in the governance of Public Health Sudbury & Districts, provide money for public health, and partner in ongoing activities. All of these efforts support us in meeting our vision of a healthier community for all.

Public Health Sudbury & Districts is committed to improving health and reducing social inequities in the communities we serve. During this municipal election, get informed about public health matters in your community, get involved during the election process, and **vote on October 22, make your vote count!**

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More information on Public health services is available at [phsd.ca](http://phsd.ca) or 705.522.9200  
(Toll-free: 1.866.522.9200).