

**Ministry of Health  
and Long-Term Care**

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**Ministère de la Santé  
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Dear Animal Shelter Industry Stakeholder:

I am writing to recommend that you and your family get vaccinated against influenza this year.

**Flu vaccination recommendations for all Ontarians:**

Flu vaccines are offered free to all Ontarians over the age of six months who live, work or attend school in Ontario, and are recommended for the general population.

Vaccination helps to prevent the spread of these flu viruses through the community and protects individuals who may be at greater risk of serious complications from the flu, such as pregnant women and those with chronic illnesses.

**Flu vaccination recommendations for animal shelter workers:**

While we encourage everyone in Ontario to get vaccinated, we are also recommending that those in the animal shelter industry, in particular, get vaccinated because of the recent evidence that human flu viruses can infect and cause disease in dogs, cats, and other animals, as well as people.

The flu strains covered by the vaccine are primarily human community-based infections, meaning that you are most likely to get this flu from coming into contact with infected individuals in your community. However, preventing the movement of influenza viruses between the human and animal populations is an important public health measure aimed at trying to prevent the reassortment or mixing of different flu strains to produce new influenza viruses, which could cause significant disease in both people and animals. We are sending a similar letter to swine and poultry industry workers in the agricultural sector.

Animal shelter workers who get the flu vaccine will help reduce the potential for a canine or feline flu virus (such as Canine Influenza A H3N8, and the newly arrived strain of Asian Canine Influenza A H3N2 in the US) mixing with these human influenza viruses. With the growing movement of dogs and cats across international borders, and two outbreaks of Canine Influenza A H3N2 in Ontario earlier this year resulting from the importation of dogs from Asia to Ontario, this is becoming increasingly important.

Although it is unusual for individuals to get influenza infections directly from animals, personal protective equipment – masks, eye protection and gloves – should be worn when working with sick animals to prevent infection. Individuals co-infected with two or more different influenza viruses can also serve as mixing vessels for these viruses, leading to the emergence of novel viruses.

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**Animal shelter workers who develop influenza-like illness:**

Individuals with influenza-like symptoms (fever, cough, sore throat, muscle aches and, in some cases, eye infections and pneumonia) should, if possible, be kept out of animal kennel areas and away from shelter animals until seven days after their symptoms have resolved. The Ministry of Health and Long-Term Care (MOHLTC) has developed a poster which animal shelters can print out and use at entry points to kennels and animal areas to reinforce this idea and help screen individuals/employees who may be infected with influenza before they enter. Electronic versions of this poster, in two size formats, are available as attachments to this letter.

Individuals who develop influenza-like symptoms after working with animals showing signs of respiratory illness should seek medical attention and advise their health care provider of their exposure to ill animals.

**Practise Good Personal Hygiene:**

To protect against the flu, the MOHLTC also recommends that everyone, not just animal shelter workers, incorporate these simple steps into daily routines:

- wash hands frequently and thoroughly with soap and warm running water after handling animals and before eating or drinking
- cover your mouth and nose with a tissue when you sneeze, dispose of the tissue immediately, and then wash your hands
- if you don't have a tissue, cough or sneeze into your upper sleeve – not into your hands
- avoid sharing food, eating utensils, towels or handkerchiefs
- keep an alcohol-based hand sanitizer (gel or wipes) handy at work, home and in your vehicle

MOHLTC is working closely with the Ontario Ministry of Agriculture, Food and Rural Affairs to reduce the risk of influenza transmission between humans and animals.

If you have any human health questions, please contact your physician or your local public health unit. If you have concerns about the animals in your shelter, please contact your veterinarian.

We appreciate your assistance in helping to protect everyone in Ontario from influenza.

For more information on getting the flu vaccine, speak to your doctor, nurse practitioner, public health unit or pharmacist. To find a flu vaccination clinic near you, please contact your local public health unit (a list of local public health units can be found at [http://www.health.gov.on.ca/english/public/contact/phu/phuloc\\_mn.html](http://www.health.gov.on.ca/english/public/contact/phu/phuloc_mn.html)).

Sincerely,

Nina Arron  
Director

Attachment