



Public Health Sudbury & Districts is a progressive public health agency that is committed to improving health and reducing social inequities in health through evidence-informed practice.

We work with many partners, such as municipalities, schools, health care providers, social services, and community agencies, to keep people healthy and reduce their needs for health care services. Our enriched culture fosters research, ongoing education, and the development of innovative programs and services.

## Health Promotion

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### Northern Fruit and Vegetable Program

Fruits and vegetables were delivered weekly for **20** weeks to **18 660** students from **86** elementary schools across our service area. Program expansion to **7** First Nation schools meant reaching an additional **901** students.

### School health

We reached **500** students in Greater Sudbury as part of the *Know More Tour* about opioids and engaged with **200** students in the Grade 7 and 8 *Mindfulness in Schools Pilot Project*.

### Indigenous engagement

We launched the Indigenous Engagement Strategy for Public Health Sudbury and Districts, *Finding our Path Together – Maamowi Mkamang Gdoo-miikaansminaa – Kahkinaw e mikskamahk ki meskanaw*. Developing the strategy involved **10** manager and director key informant interviews, surveys completed by **135** staff, **4** public health planning roundtables, feedback from **16** managers, and **4** Indigenous Engagement Strategy Advisory Committee meetings held with representation from **11** Indigenous community voices and perspectives.

### Healthy eating and healthy weights

We worked with **3** recreation centres to offer healthy canteen menus and trained **159** summer camp staff on *Reach For Your Best* (R4YB) and weight-bias.

### Family health

**177** community partners and **26** parents attended co-sponsored workshops on *How to Build a Healthy Brain*, and **265** child care sector stakeholders learned about brain development and how risk and protective factors influence health outcomes.

### Falls prevention

**27** new *Stand-Up* facilitators were trained, and **34** *Stand-Up* exercise programs were supported and delivered by community partners reaching a total of **438** older adults.

### Community Drug Strategy

We launched videos about safe needle disposal and reducing stigma around drug use (**9 325** combined views), and distributed **998** naloxone kits and **222** refills.

## Environmental Health

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### Blue-green algae

We issued **8** blue-green algae advisories to encourage the public to take precautions.

### Food premises inspections

We conducted **3 844** inspections to ensure food safety and compliance with the *Ontario Food Premises Regulation*.

### Enteric outbreaks

We investigated **62** enteric outbreaks.

### Health hazards

We investigated **534** health hazard complaints, **32** of which involved marginalized populations whom we supported in collaboration with partner agencies.

### Recreational water inspections

We conducted **411** beach inspections on **35** public beaches (weekly), which resulted in **2 220** bacteriological samples being collected and **3** swimming advisories being issued.

## Clinical Services

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### Online immunization reporting

**626** clients submitted **2 877** immunization records.

### Sexual health

We offered **6 025** client visits for services related to sexually transmitted infections, blood-borne infections, birth control, and pregnancy counselling.

### Breastfeeding

We supported **1 193** women who came to our breastfeeding clinics in Sudbury and Val Caron.

### Dental screening and cleaning

We screened **8 103** children in school as part of our dental screening programs, of whom **802** received dental cleaning and fluoride treatments.

## Knowledge and Strategic Services

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### Social media engagement

We reached **946 636** Facebook users and generated **298 341** Twitter impressions.

### Research

The *Louise Picard Public Health Research Grant*, a collaboration between Public Health and Laurentian University, funded **6** research projects.

### Poverty reduction

We welcomed **14** partner agencies who committed to the *Partners to End Poverty Steering Committee*.

### Ongoing learning

We offered learning opportunities to **93** students from **8** post-secondary institutions, representing **8** disciplines.

### Surveillance

*The Rapid Risk Factor Surveillance System* (RRFSS) surveyed **1 750** area residents, providing data that informs public health programming.