

## **2018 NUTRITIOUS FOOD BASKET SCENARIOS**

	Households with children					Single person households			
Scenarios	Family of 4 (Ontario Works)	Family of 4 (Minimum Wage Earner)	Family of 4  (Average Ontario Income)	Family of 4  (Ontario Basic Income Pilot) <sup>a</sup>	Single parent, 2 children (Ontario Works)	Single man (Ontario Works)	Single man (Ontario Basic Income Pilot) <sup>a</sup>	<b>Single man</b> (Ontario Disability Support Program)	Single elderly woman (OAS/GIS) <sup>b</sup>
	Income								
<b>Total Monthly Income</b> (after tax)	\$2601	\$3622	\$7871	\$ 3353	\$2382	\$823	\$1531	\$1264	\$1706
	Expenses								
	3 Bedroom				2 Bedroom	Bachelor		1 Bedroom	
Monthly Rent (may include heat/hydro) <sup>c</sup>	\$1195	\$1195	\$1195	\$1195	\$1048	\$659	\$659	\$848	\$848
Food <sup>d</sup>	\$935	\$935	\$935	\$935	\$706	\$315	\$315	\$315	\$229
	Funds remaining for other basic needs								
	\$471	\$1492	\$5741	\$1223	\$628	\$(151)	\$557	\$101	\$629
% of Income Required for Rent	46%	33%	15%	36%	44%	80%	43%	67%	50%
% of Income Required for Food	36%	26%	12%	28%	30%	38%	21%	25%	13%

- a. Moved from Ontario Works to Ontario Basic Income Pilot.
- **b.** Old Age Security/Guaranteed Income Supplement.
- c. Rental costs calculations are from the Rental Market Report: Ontario Highlights. Canada Mortgage and Housing Corporation, Fall 2017.
- d. 2018 Nutritious Food Basket data results for Public Health Sudbury & Districts.

For more information, please call 705.522.9200, ext. 257.

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