

PUBLIC HEALTH

What's in it for you?



Public Health
Santé publique
SUDBURY & DISTRICTS

Student scenario

You are a student living in your own apartment off campus. Which of the following ways does Public Health support you in your everyday life?

- a. You feel confident about travelling to and from school.
- b. The food you consume at school is safe and nutritious.
- c. You have learned how to cook your own meals.
- d. You purchase low-cost vegetables and fruit from a local Food Box Program.
- e. You can get sexual health information from the clinic.
- f. Information on alcohol and drugs is available to you if needed.
- g. All of the above.

The answer to this question is **all of the above**.

Public Health Sudbury & Districts enforces laws that ensure safe food and water and develops campaigns on safe sex, alcohol use, healthy eating, and physical activity. We identify, warn of, and work to minimize environmental health hazards, provide and promote a variety disease screening programs, and advocate to improve the social and economic determinants of health such as education, social inclusion, and freedom from violence, discrimination, and poverty. We do this and so much more!

Community members, partnering organizations, elected officials, and other members of the health system play an important role in the work of Public Health. They participate in local programs and services, work together on ongoing activities, champion initiatives that promote and protect the health of our communities, and provide governance to Public Health Sudbury & Districts. All of these efforts support us in meeting our vision of a healthier community for all.

Public Health Sudbury & Districts is committed to improving health and reducing social inequities in the communities we serve. Learn more about public health in your community and about how it acts as a helpful resource to create change by visiting www.phsd.ca.

More information on Public health services is available at phsd.ca or 705.522.9200
(Toll-free: 1.866.522.9200).