

## Minutes

Community Advisory Committee – SCS Study March 20, 2019 – 9:30 a.m. – Board Room

Chairs:	A. Zbar & S. Weber
Recorder:	L. Mitchell

Present:	P. MacDonald	N. MacMillan (for T. Campbell)	R. Rainville
	A. Middaugh (for L. Lafontaine)	J. Seguin (for P. Folino)	S. Laclé
	J. Gough	J. Joliat (for S. Calixte)	C. Brisebois
	R. Zuck		
Regrets:	M. Quigley	J. Gorman	B. McCullagh
	J. MacIntyre	P. Folino	K. Savage
	A. Day	B. Dubois	M. Luoma
	B. Dubois	R. St Onge	

Item Number	Item Name/Description of Outcome	Action/ Individual Responsible
1.0	Call to order/roll call The meeting was called to order at 9:37 a.m. Round table introductions were held. Dr. Zbar welcomed Deputy Chief Sheilah Weber as the new committee co-chair.	
2.0	Review and approval of agenda The agenda was approved as circulated.	
3.0	Review and approval of minutes  Minutes of the February 27, 2019 meeting were approved as circulated and will be posted to the website following approval at Community Drug Strategy Executive & Advisory Committees.	
4.0	Invitations/Presentations Patty MacDonald (CMHA) provided the group a presentation outlining the services provided by the CMHA as well as an update on progress of the renovations to 200 Larch Street. When completed, it will house a low barrier shelter, Indigenous healing space, homelessness network space as well as Sudbury Nurse Practitioner Clinic on the first floor. The second floor will house the Harm Reduction Home. The project began In March 2014, when the NELHIN led a stakeholder engagement with 17 community partners. Three needs were identified:  • Reduce ED visits, hospitalizations, police involvement, EMS use for homeless individuals with history of chronic alcohol abuse • Improvements in health and well-being for program participants • Transition individuals to more stable supportive housing.	



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	<ul> <li>Three priorities were identified:         <ul> <li>Phase 1: Emergency Shelter – a safe place for all. "Off The Street" shelter was a pilot project until March 31 for individuals at high risk due to alcohol intoxication (30 beds).</li> <li>Phase 2: Managed Alcohol Program was the highest priority, including person centered case management through all phases (12-15 beds)</li> <li>Phase 3: transition phase – ensuring seamless transition to other destinations with collaboration form community partners, i.e. intensive case management, housing support.</li> </ul> </li> </ul>	
	Collaboration and planning began in 2014 with a leadership steering committee and advisory steering committee being developed. In 2015 a model was developed and a functional plan completed. It was determined that services would include primary care as well as a common space for other community support agencies. Cross sector collaboration with community partners such as healthcare, the municipality and the NELHIN have been key in moving the project forward. The vision of the partnership is sharing a collaborative site/location and effectively utilizing opportunities created by partnering to provide a higher quality of service to people in our community most in need of health care and bringing services as close to the person as possible.  The goals and objectives of 200 Larch Street Place are:  Safe place for individuals, staff and service providers  Integrated holistic approach Home environment and atmosphere Create a sense of community Central location Fully accessible including Barrier Free Maintenance free design, materials and equipment Functionally efficient Build to current building and life safety codes Timelines for upcoming planned work are: Construction on interior of 200 Larch Street Place starts April 2019 Off the Street Shelter – operational by November 1, 2019 Sudbury District Nurse Practitioner move in late 2019/early 2020	
	Statistics were provided related to community impact of substance abuse (police response to incidents of intoxicated persons and repeat visits to the ER/hospital). When 200 Larch Street Place is	



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	operational, a more robust analytical structure will be determined for measuring community impact again in 2021.	
	Insights were shared on how to reduce stigma around substance abuse as it related to the project. Relationship/trust building by ensuring regular dialogue with people, partners, as well as local businesses was critical to ensuring everyone is kept informed of the progress of the project while reinforcing the positive human impact this type of home will have. Local doctors supporting harm reduction programs was also beneficial. 200 Larch Street Place also participates in the BIA which has been very helpful to assist in communication.	
	To overcome barriers for shared spaces, it is important to redefine the value for each partner and what each partner will get out of the relationship. Relationship building, communication and doing the necessary research is critical for success.	
5.0	Business Arising	
5.1	Request for Quote  Dr. Zbar provided committee members proposed timelines for the Research Officer Request for Quote as noted below:  • April – recruitment and training  • May-August: conduct survey's with persons who inject drugs (PWID)  • May – June: conduct community survey  • September – October: conduct focus groups  • July – November: data analysis (qualitative and quantitative data)  • December – February: report writing  • March: final report	
5.2	Ethics Applications  Dr. Zbar confirmed that the HSN ethics application will officially be approved when the research team is hired. Revisions to the health unit's ethics application have been provided on; a) how the study will respect the confidentiality of participants; b) how this will be accomplished in a respectful culturally sensitive manner; and c) what needs to be considered regarding site operations. The committee will be notified once the ethics applications have been approved. The Research and Technical Working Group will continue to meet during the process and the committee will be updated as required.	



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5.3	Learning and action plan The learning and action plan was reviewed. At the February 27, 2019 meeting, Amber Fritz (Réseau ACCESS Network) presented on the Community Drug Strategy Harm Reduction Pillar and Cindy Brisebois shared her lived experiences. Patty MacDonald (CMHA) presented today on the 200 Larch Street Plan. At the April 30, 2019 meeting, Thunder Bay Drug Strategy will share their services with the committee.	
	Committee members are asked to consider and suggest other agencies/individuals that may be willing to share their experiences/information related to harm reduction with the committee.	All
6.0	New Business	
6.1	No new business.	
7.0	Standing items	
7.1	Research/Technical Working Group No update to provide.	
7.2	<ul> <li>Communications Working Group update</li> <li>S. Laclé provided an update on the activities and of the</li> <li>Communications Working Group including: <ul> <li>A tool kit and infographic has been developed. Community partners are asked to add the CDS logo to their websites.</li> <li>Currently developing a PowerPoint presentation that will be available on the PHSD website explaining the Community Drug Strategy. The PowerPoint will also be available to community partners to share as they see fit.</li> <li>Created a host of social media posts that can be shared with all agencies for posting. PHSD can also post messages on Facebook and tag various organizations who can in turn share with their contacts.</li> <li>The Ministry of health and Long-Term care has new messaging they are sharing which show individuals stating: "I never thought it would happen to me".</li> <li>Explanation of harm reduction strategies and the use of naloxone</li> <li>Promote best practices for needle exchange and proper disposal of cannabis</li> <li>Create messaging around how to use the needle disposal kiosk, including what to do if the kiosk is full.</li> <li>Create a GIF in order to provide a more accessible, to the point message for Twitter/Facebook.</li> </ul> </li> <li>Other suggestions to raise awareness included:</li> </ul>	



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	<ul> <li>The CDS has been invited to provide a presentation to the library around the strategy.</li> <li>It was also suggested to present to the Community Action Networks (CANs) and post-secondary schools</li> <li>Coffee News is also a good place to add messaging.</li> <li>Creating partnerships with the Sudbury Wolves and/or The Sudbury Five basketball group.</li> <li>Connect with CGS for in-kind use of billboards</li> <li>Messaging at Silver City</li> <li>Ideas were shared around having a new video created around the antistigma campaign.</li> <li>Family members sharing their stories</li> <li>Having folks speak stories of other that are not their own</li> <li>Family having a dinner and then going into their rooms – who is impacted.</li> </ul>	
8.0	Announcements/enquiries Beginning March 25, the Seeking Safety Program will be returning to the N'Swakamok Friendship Centre. It is designed to teach a broad array of safe coping skills to individuals with PTSD and/or addiction issues. The training is available to anyone and those interested are encouraged to contact the Friendship Centre for further details.	
	HSN's Short Term Crisis Safe Bed Program located 336 Pine Street is currently undergoing renovations to be completed in 4-6 weeks. Once completed, The Safe Bed Program will have 4 police mandated beds that will be available for 30 days. Programs such as building coping skills, referrals to other agencies etc., will be provided in a semi-structured day. HSN will also provide a presentation to Greater Sudbury Police Service regarding the services.	
9.0	<ul> <li>Next steps</li> <li>Updates will be sent electronically as they become available.</li> <li>Update the Learning and Action plan as required.</li> <li>Next meeting scheduled for April 30. S. Weber will chair.</li> </ul>	
10.0	Next meeting date/time April 30, 2019 – 1:30 p.m. Public Health Sudbury & Districts Board Room	
11.0	Adjournment The meeting was adjourned at 11:12 a.m.	