



**Minutes**

Community Advisory Committee – SCS Study  
August 20, 2019 – 1:30 p.m. – Boardroom

<b>Chairs:</b>	A. Zbar & S. Weber
<b>Recorder:</b>	L. Mitchell

<b>Present:</b>	A. Zbar	T. Campbell	R. Zuck
	P. Nikodem/J. McCarty	C. Belanger	S. Calixte
	J. Gough	L. Lafontaine	R. Rainville
	K. Savage	C. Brisebois	S. Laclé
	P. Oghene	R. Clouthier	
<b>Regrets</b>	S. Weber	M. Quigley	P. MacDonald
	B. Dubois	M. Luoma	A. Day
	A. Boyer	B. McCullagh	R. St Onge
	J. MacIntyre	P. McCauley	J. Gorman

Item Number	Item Name/Description of Outcome	Action/ Individual Responsible
1.0	<b>Call to order/roll call</b> The meeting was called to order at 1:35 p.m.	
2.0	<b>Review and approval of agenda</b> The agenda was approved as presented. The draft <i>Table of Possible Focus Group Participants for Consideration</i> was sent electronically on August 19 to committee members and will be discussed under Item 6.1.	
3.0	<b>Review and approval of minutes</b> The minutes of the July 22, 2019 were approved as presented.	
4.0	<b>Invitations/Presentations</b> Rachelle Clouthier, Registered Social Worker, Team Leader Outpatient Addictions and Gambling Services and Paola Nikodem, RN, BScN, MPH-NS Regional Lead of Addiction Services provided the group a presentation entitled <i>HSN Addiction and Gambling Services</i> Key messages included: <ul style="list-style-type: none"> <li>• Signs of a substance use problem</li> <li>• Biopsychosocial Model               <ul style="list-style-type: none"> <li>• Biological Risk Factors, psychological risk factors, social risk factors</li> </ul> </li> <li>• What is Outpatient Addictions Gambling Service (OAGS)?</li> </ul>	



	<ul style="list-style-type: none"> <li>• Other services offers by OAGS (Youth ages 14-18)</li> <li>• OAGS Problem Gambling/Gaming (age 14+)</li> <li>• Overview of services provided by Withdrawal Management Services (WMS)</li> <li>• Overview of services provided by Rapid Access Addiction Medicine (RAAM) Clinic</li> </ul> <p>Questions were entertained.</p> <p>P. Nikodem advised members of a new HSN Addictions Medicine Consult Team which will be phasing in to start at the end of September 2019 and will provide support and referrals related to substance abuse.</p> <p>It was noted that the Native Friendship Centre provides support and services for everyone.</p> <p>Dr. Zbar thanked Paola and Rachelle for presenting the information to the committee. The presentation slides will be forwarded to committee members for their information.</p>	
<b>5.0</b>	<b>Business Arising</b>	
<b>5.1</b>	<p><b>Learning and Action Plan</b></p> <p>There are three remaining meetings planned for 2019. The research team will present at 1 of the meetings and Sudbury Temporary Overdose Prevention Society (STOP) will also be invited to present at an upcoming meeting. One other presenter is required. Committee members were asked to advise Dr. Zbar if they have suggestions for presenters.</p>	
<b>6.0</b>	<b>New Business</b>	
<b>6.1</b>	<p><b>Data Collection</b></p> <p><b>PWID Survey Update</b></p> <p>The PWID survey is officially complete and data analysis is underway. HSN will be asked to remove reference to the PWID survey from their electronic sign.</p> <p><b>Community Survey update</b></p> <p>There have been 1,948 responses to the community survey to date. Another PSA will be sent out to promote the survey that is expecting to be closed mid-September.</p> <p><b>Focus group planning and recruiting</b></p> <p>Committee members reviewed the table of possible focus group participants that was previously sent via email. The list was primarily taken from agencies already connected to the drug strategy. It is anticipated that the focus groups will begin in the fall. Suggestions for additions to the list included:</p>	



	<ul style="list-style-type: none"> <li>○ STOP (harm reduction pillar)</li> <li>○ CMHA (treatment pillar, enforcement &amp; justice pillar and health promotion pillar)</li> <li>○ Sudbury and District Nurse Practitioners clinic (under harm reduction pillar)</li> <li>○ Sex Workers' Action Network (SWAN) (harm reduction pillar)</li> <li>○ Correct name of Ontario Aboriginal HIV/Aids Strategy (not Society)</li> <li>○ N'Swakamok Friendship Centre (harm reduction pillar)</li> </ul> <p>It was noted that the family and friends of PWID focus group list would be populated from the community online survey.</p> <p>Discussion ensued related to the importance of strategic representation of focus group participants from each of the pillars. Smaller agencies may have difficulty in having enough staff to participate in the groups. This will be discussed further with the research team to determine the best approach. More to come on this item.</p>	
7.0	<b>Standing items</b>	
7.1	<b>Research/Technical Working Group update</b> Dr. Zbar reported that the Research/Technical Working Group will meet in early September to review at a high level what has been done to date. More to come following the meeting.	
7.2	<b>Communications Working Group update</b> The next Communications working group meeting will be scheduled for the end of September.  Public information sessions on the community drug strategy will begin at libraries in September and to city staff in October. In addition, a presentation will be provided to CGS council in September and will include a high level summary which will be provided through the Co-Chairs of the Community Drug Strategy Executive Committee. A three minute long whiteboard video related to eliminating stigma will be included in the presentation. Pieces of the video can also be used for other social media campaigns.	
8.0	<b>Announcements/enquiries</b> Dr. Theresa Marsh will be at Friendship Centre providing Intergenerational Trauma Mindfulness Meditation Yoga sessions beginning September 5 from 6:00 p.m. to 7:30 p.m. The sessions will be held two to three times per month until December.  S. Laclé reminded members that Public Health Sudbury & Districts has a large following on social media and are able to re-tweet others' information.	



	<p>The Community Drug Strategy will be pushing out a harm reduction campaign at the end of August.</p> <p>Overdose Awareness Day is coming up on August 31, 2019.</p> <p>CBC is doing an exposé on the opioid crisis. Roxanne Zuck from Monarch Centre has been interviewed. A fundraiser will be held in September in support of the Monarch Centre.</p> <p>The HSN's 2019 Mental Health and Addictions conference will be held on October 11, 2019 at the Holiday Inn in Sudbury.</p>	
<b>9.0</b>	<p><b>Next steps</b></p> <ul style="list-style-type: none"><li>• An email will be sent to the committee with the presentation from today's meeting and will also include the Learning and Action plan</li><li>• Focus group participants will be discussed with the research team and circulated via email to the committee for final validation.</li></ul>	
<b>10.0</b>	<p><b>Next meeting date/time</b> September 25, 2019 – 1:30 p.m. Public Health Sudbury &amp; Districts Boardroom</p>	
<b>11.0</b>	<p><b>Adjournment</b> The meeting was adjourned at 2:55 p.m.</p>	