Public Health Sudbury & Districts is a progressive public health agency that is committed to improving health and reducing social inequities in health through evidence-informed practice.

We work with many partners, such as municipalities, schools, health care providers, social services, and community agencies, to keep people healthy and reduce their needs for health care services. Our enriched culture fosters research, ongoing education, and the development of innovative programs and services.

Health Promotion

Smoking cessation

263 nicotine replacement therapy vouchers and 984 nicotine replacement therapy products distributed to clients who attended Quit Smoking Clinics.

Falls prevention

40 Stand Up! exercise programs supported and delivered by partners throughout Sudbury and districts. 462 older adults reached.

Healthy Babies Healthy Children

2 002 home visits completed by family home visitors and 1 538 visits completed by public health nurses for a total of 3 540 visits.

Naloxone

2 276 naloxone kits distributed to individuals by eligible agencies.

School health

117 presentations, skill-building opportunities, workshops, training sessions, and consultations, delivered to the school community on mental health promotion, healthy eating behaviours, healthy sexuality, substance use and harm reduction, healthy growth and development, physical activity and sedentary behaviour, ultraviolet exposure, and injury prevention.

Mindfulness programming

450 Grade 7 and 8 students from 6 schools participated in the Inhale, Exhale school mindfulness program.

Northern Fruit and Vegetable Program

19 570 students received fruits and vegetables weekly for 20 weeks. 93 elementary schools throughout Sudbury and districts participated in the program, including First Nations schools.
### Health Protection

**Immunization records**

26,250 student immunization records reviewed for completeness, as per the *Immunization of School Pupils Act*.

**Harm reduction**

27,900 client visits or contacts to The Point for harm reduction supplies and services.

**Preventive services**

457 children participated in school-based preventive services.

**Vision screening**

1,760 senior kindergarten students participated in the school-based vision screening program.

**Smoke-Free Ontario Act**

138 charges issued for smoking or vaping on school property, 9 charges issued for smoking or vaping on hospital property.

**Ontario Seniors Dental Care Program**

118 inquiries received for the new Ontario Seniors Dental Care Program.

**Food premise inspections**

3,745 food premise inspections.

**Health hazards**

524 health hazard complaint investigations.

**Enteric outbreaks**

51 enteric outbreaks investigated.

### Knowledge and Strategic Services

**Population health**

11 mental health indicators added to the *Public Health Sudbury & Districts Population Health Profile*.

**Research**

23 research and evaluation projects where Knowledge and Strategic Services acted in a lead or consultation role.

**Student placements**

99 students completed placements, from 7 post-secondary institutions, representing 11 disciplines.

**Poverty reduction**

27 Circles Leaders (participants) with their 33 children, and 56 Circles Allies (volunteers) recruited into Circles Sudbury, a community poverty reduction program.

**Indigenous engagement**

12 Indigenous engagement training and development sessions delivered to staff.

**Social media engagement**

1,595,982 Facebook users reached and 421,711 Twitter impressions generated.

**Public Health Heroes**

8 Public Health Heroes recognized for their efforts to put public health into action and make tangible, positive differences in their communities.