



Public Health Sudbury & Districts is a progressive public health agency that is committed to improving health and reducing social inequities in health through evidence-informed practice.

We work with many partners, such as municipalities, schools, health care providers, social services, and community agencies, to keep people healthy and reduce their needs for health care services. Our enriched culture fosters research, ongoing education, and the development of innovative programs and services.

## Health Promotion

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### Smoking cessation

**263** nicotine replacement therapy vouchers and **984** nicotine replacement therapy products distributed to clients who attended Quit Smoking Clinics.

### Falls prevention

**40** Stand Up! exercise programs supported and delivered by partners throughout Sudbury and districts. **462** older adults reached.

### Healthy Babies Healthy Children

**2 002** home visits completed by family home visitors and **1 538** visits completed by public health nurses for a total of **3 540** visits.

### Naloxone

**2 276** naloxone kits distributed to individuals by eligible agencies.

### School health

**117** presentations, skill-building opportunities, workshops, training sessions, and consultations, delivered to the school community on mental health promotion, healthy eating behaviours, healthy sexuality, substance use and harm reduction, healthy growth and development, physical activity and sedentary behaviour, ultraviolet exposure, and injury prevention.

### Mindfulness programming

**450** Grade 7 and 8 students from **6** schools participated in the Inhale, Exhale school mindfulness program.

### Northern Fruit and Vegetable Program

**19 570** students received fruits and vegetables weekly for **20** weeks. **93** elementary schools throughout Sudbury and districts participated in the program, including First Nations schools.

## Health Protection

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### Immunization records

**26 250** student immunization records reviewed for completeness, as per the *Immunization of School Pupils Act*.

### Harm reduction

**27 900** client visits or contacts to The Point for harm reduction supplies and services.

### Preventive services

**457** children participated in school-based preventive services.

### Vision screening

**1 760** senior kindergarten students participated in the school-based vision screening program.

### Smoke-Free Ontario Act

**138** charges issued for smoking or vaping on school property. **9** charges issued for smoking or vaping on hospital property.

### Ontario Seniors Dental Care Program

**118** inquiries received for the new Ontario Seniors Dental Care Program.

### Food premise inspections

**3 745** food premise inspections.

### Health hazards

**524** health hazard complaint investigations.

### Enteric outbreaks

**51** enteric outbreaks investigated.

## Knowledge and Strategic Services

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### Population health

**11** mental health indicators added to the *Public Health Sudbury & Districts Population Health Profile*.

### Research

**23** research and evaluation projects where Knowledge and Strategic Services acted in a lead or consultation role.

### Student placements

**99** students completed placements, from **7** post-secondary institutions, representing **11** disciplines.

### Poverty reduction

**27** Circles Leaders (participants) with their **33** children, and **56** Circles Allies (volunteers) recruited into Circles Sudbury, a community poverty reduction program.

### Indigenous engagement

**12** Indigenous engagement training and development sessions delivered to staff.

### Social media engagement

**1 595 982** Facebook users reached and **421 711** Twitter impressions generated.

### Public Health Heroes

**8** Public Health Heroes recognized for their efforts to put public health into action and make tangible, positive differences in their communities.