

STOP



Do not enter if you should be in self-isolation.

Who must self-isolate:

- **All travellers who entered Canada within the last 14 days (including from the U.S.)**

and

- **Anyone who has been told to do so by a health care provider**

Self-isolation means that you **MUST NOT** leave your home or see other people unless it is for essential reasons. Otherwise, ask for help from friends, family, or neighbours to do errands.

Stop the spread of COVID-19. Do your part.

Learn more at phsd.ca/COVID-19.

March 22, 2020

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