

# COVID-19 Safe Behaviours Survey

## Summary of Results

Public Health Sudbury & Districts  
July 2020



**Public Health**  
**Santé publique**  
SUDBURY & DISTRICTS

# COVID-19 Safe Behaviours

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Between June 19 and June 24, 2020, Public Health Sudbury & Districts conducted a bilingual community survey to better understand which precautions residents of Sudbury & Districts have taken to protect themselves and others from COVID-19. The results from this survey are used by Public Health to inform planning and service coordination.

## Sample

- 252 surveys were completed
- 91% reported residency in Greater Sudbury
- 6% reported residency in Sudbury East
- 5% completed the online survey in French
- 83% of the sample identified as female
- 61% of respondents were between the ages of 25 and 54 years
- 37% of respondents were 55 years of age or older

## Precautions taken to protect self and others from COVID-19

The primary precautions taken by respondents to protect self and others from COVID-19 included avoiding large crowds (94%, n=235), washing hands more regularly (93%, n=233) and staying at least two metres apart from others (90%, n=226).

	<b>% (n)</b>
Generally avoided large crowds	94 (235)
Washed your hands more regularly	93 (233)
Generally stayed two (2) metres apart from others who are not in the same household or social circle	90 (226)
Avoided traveling outside of your community for non-essential reasons	84 (211)
Limited leaving the house for non-essential reasons	82 (205)
Limited non-essential in-person gatherings of any size with anyone outside of your household or social circle	82 (204)
Tried to reduce touching your face	80 (200)
Generally limited social gatherings to no more than 10 people	77 (193)
Generally shopped alone rather than with family or friends	76 (190)
Generally worn a mask when outside of your home and you cannot keep a distance of two (2) metres from others	64 (160)
Encouraged others (in your family, social circle, or friends) to wear a mask	53 (132)
Stocked up on essential supplies, such as groceries, prescriptions, pet food, etc.	44 (109)
Generally ensured your child/children stay two (2) metres apart from others who are not in their same household or social circle	36 (89)
Stayed home if you suspected you were ill	30 (74)
At work, generally have worn a mask when a distance of two (2) metres from others cannot be kept and/or when required by your employer	22 (55)

### Following precautions to protect self and others from COVID-19

Over half of respondents reported doing everything they can to protect themselves and others from the spread of COVID-19 (51%, n=127).

	<b>% (n)</b>
I am doing everything I can to protect myself and others from the spread of COVID-19	51 (127)
I am following most of the precautions	43 (106)
I am working on trying to follow the precautions	4 (9)
I am trying to follow 1 or 2 of the precautions	2 (5)
I am not following any of the precautions to prevent the spread of COVID-19	0 (0)

### Perception of precautions taken by others to protect from COVID-19

Over a quarter of the sample perceived that most people are following most precautions (28%, n=70); however, few perceived that most people are doing everything they can to protect themselves and others from the spread of COVID-19 (6%, n=14).

	<b>% (n)</b>
Most people are following most of the precautions	28 (70)
Most people are following a few of the precautions	25 (61)
Most people are not following any of the precautions to prevent the spread of Covid-19	19 (47)
Most people are following 1 or 2 of the precautions	19 (47)
Most people are doing everything they can to protect themselves and others from the spread of COVID-19	6 (14)
I am not sure	3 (8)

**Note:** Interpret with caution: non-representative and non-random sample.