

Quick Reference Tool: COVID-19 Vaccine Minimal Contact Intervention

Use the 4A model at every visit

ASK

- **Ask and document COVID-19 vaccine status for every client.**
 - “Have you completed your COVID-19 vaccine primary series?”
 - “Have you received a booster dose of the COVID-19 vaccine within the last 6 months? Was your booster dose a bivalent vaccine?”
 - “What are your reasons for not getting vaccinated yet?”

ADVISE

- **Advise and encourage each client to get fully vaccinated, including their booster dose(s) as soon as they become eligible.**
- **Recommend and offer COVID-19 vaccination at multiple patient interaction points.**
 - “Getting the COVID-19 vaccine helps protect you and the community.”
 - “Being fully vaccinated, including your booster dose(s) if eligible, strengthens your body’s immune response and provides better and longer protection against COVID-19, severe symptoms, and hospitalization.”
 - “Pfizer-BioNTech Comirnaty or Moderna Spikevax are both safe, effective and considered [interchangeable](#). If you received Pfizer-BioNTech Comirnaty for your first dose, you can safely receive Moderna Spikevax for subsequent doses and vice versa.”
 - “Pfizer-BioNTech and Moderna Spikevax both offer a bivalent vaccine as a booster dose. The bivalent vaccines are the recommended vaccines for a booster dose as they provide a robust immune response to protect against the original COVID-19 strain and Omicron subvariants.”

- “Novavax Nuvaxovid is authorized for use as a primary series for individuals 18 years and older who are not willing to, or have contradictions to receiving an mRNA vaccine. It is also authorized for use as a booster dose, 3-6 months after completion of a primary series.”
- “Immunocompetent infants and children 6 months – 4 years are eligible to receive a two-dose primary series of Moderna Spikevax, or a three-dose primary series of Pfizer-BioNTech Comirnaty. Currently, this age group is not eligible for a booster dose.”
- “Children 5 to 11 years old are recommended to receive two doses of the pediatric Pfizer-BioNTech Comirnaty vaccine, as well as a booster dose 6 months following their primary series.
- “If you have been infected with COVID-19 within the last 3-6 months of your last booster dose or primary series, it is recommended to wait 6 months (168 days) from symptom onset or a positive COVID test, to receive your next dose. You can receive the vaccine at a minimal of 3 months (84 days) if you fall into specific [high-risk](#) categories.”
- “The COVID-19 vaccine is safe [during pregnancy and breastfeeding](#). The vaccine does not contain any ingredients (including the mRNA) that can cross the placenta and reach the baby.”
- “The COVID-19 vaccine, combined with all other layers of protection, is the best way to protect yourself and your unborn baby from COVID-19.”

ASSESS

- **Assess the client’s readiness to get vaccinated using motivational interviewing.**
 - “What do you know about the COVID-19 vaccine?”
 - “Are there barriers or concerns that you would like to discuss to help make your decision to receive the vaccine?” “What concerns would like to discuss to help you make your decision to receive the vaccine?”

ASSIST

- **Help the client to make an informed choice about vaccination and where to get their vaccine.**
 - “Here’s information on where to get the vaccine and what to expect.” [Public Health Sudbury & Districts - Vaccination clinics for COVID-19 \(phsd.ca\)](#)
 - “We can administer your COVID-19 vaccine today, while you are here.”
 - “You can access [information about COVID-19 vaccination](#) in multiple languages.”

Safety and importance of the COVID-19 vaccine

- All of the approved COVID-19 vaccines have passed quality and safety standards.
- All vaccines provide strong protection against COVID-19 and the variants.
- Individuals are strongly encouraged to complete a primary series and get their booster dose(s) if [eligible](#) for more durable protection against severe illness and hospitalization. Eligible individuals are strongly recommended to receive a bivalent booster dose to enhance their immunity and have better protection against the original COVID-19 strain and Omicron subvariants.
- The [Society of Obstetricians and Gynecologists of Canada \(SOGC\)](#) recommends that all individuals who are pregnant or trying to become pregnant should receive all COVID-19 vaccination doses, including a booster dose, when [eligible](#). Learn more about the [COVID-19 vaccine during pregnancy and breastfeeding](#).
- The Pfizer-BioNTech Comirnaty and Moderna Spikevax COVID-19 vaccines have been authorized for use by the [Ministry of Health](#) (PDF) as booster dose(s) after completion of the primary series for eligible individuals. All mRNA COVID-19 vaccines are interchangeable and a good option for your first, second, third, or booster dose(s). Check out this resource for more information on interchanging vaccines for [second dose](#) (PDF) and [booster dose](#) (PDF).

Vaccination opportunities

- Eligible individuals can book a vaccine appointment online or by phone.
- Walk-ins are available at select vaccination clinics.
- For up to date information and clinic locations, visit Public Health Sudbury & Districts [vaccination clinics for COVID-19](#) page.
- For an appointment through local pharmacies visit [COVID-19 pharmacy vaccine locations](#) (Government of Ontario).



Green Ontario photo health card (expired cards accepted)	Red and white health card or no health card
<ul style="list-style-type: none">• How to book a COVID-19 vaccine appointment (Government of Ontario).• Call the provincial booking line: 1.888.999.6488.• Offers service in 300 languages.	<ul style="list-style-type: none">• Call Public Health Sudbury & Districts at 705.522.9200, toll-free: 1.866.522.9200), between 8:30 a.m. and 4:30 p.m., Monday to Friday.

Additional tools and resources

1. To support individuals who may be hesitant in getting vaccinated read our [conversation guide](#).
2. To support families with children 5 to 11 years of age make decisions about COVID-19 vaccine, check out our [child and youth vaccination toolkit](#).
3. To support evidence-informed choices about the COVID-19 vaccine, SickKids Vaccine Consult Service provides by-appointment phone consultation service for children, youth, pregnant and breastfeeding individuals with questions about the COVID-19 vaccine. Clients interested in booking a consultation can visit [COVID-19 Vaccine Consult Service](#) (sickkids.ca).
4. Check out our [COVID-19 vaccine resource page](#) on our website to access printable resources such as factsheets, infographics, and more.
5. Need more information about the COVID-19 vaccines? Visit our [frequently asked questions about the COVID-19 vaccines](#).

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