

# Management of a symptomatic individual who has NOT had a high-risk exposure and/or who has NOT been identified as a high-risk contact

Are the symptoms compatible with COVID-19 (as listed in the [screening tool](#))?

**YES**



Self-isolate at home. If the ill individual cannot isolate apart from household contacts (for example, is young), the parent or guardian isolates with the child away from household members.

Household contacts of the ill individual (for example, siblings, parents, roommates, etc.) who are not fully immunized<sup>1</sup> or who were not previously positive<sup>2</sup> are to isolate pending ill individual's COVID-19 test result or direction from a health care provider.

**NO**



In general, all sick individuals with any symptoms of illness – including those with symptoms not included on the screening tool- should stay home from school and child care, as per usual school/child care policy, and seek assessment from their regular health care provider. Follow the health care provider's recommendations, including testing for COVID-19 if required.

## COVID-19 testing is recommended

COVID-19 testing is recommended by the screening tool, COVID-19 Assessment Centre or health care provider.

### Ill individual is tested:

- Isolate while waiting for test result.
- If **NEGATIVE**, may return to school, daycare, or work if the answer is yes to **ALL** of the following:
  - Has no know high-risk exposure and has not been advised to continue to self-isolate.
  - Has no fever without taking fever reducing medication.
  - Symptoms have been improving for at least 24 hours (and/or 48 hours after last episode of vomiting/diarrhea).
- If **NEGATIVE** and symptoms continue or worsen, the ill individual is to continue to stay home from school, daycare, or work and seek medical attention. A repeat COVID-19 test may be considered.
- If **POSITIVE**, continue self-isolation. Public Health will call and let you know what to do next.



### **Ill individual is not tested/does not seek testing/does not consult with a health care provider:**

- Ill individual must isolate for 10 days from the first day the symptoms started.
- Household contacts of the ill individual must isolate for 10 days from break in contact (for example, the last contact) they had with the ill individual, unless fully immunized or previously positive in which case, they are not required to self-isolate. If there is no break in contact (for example, parent taking care of ill child), this would start at the end of the ill individual's isolation period.
- May return to school, daycare, or work following isolation period if the answer is yes to **ALL** of the following:
  - Has no known high-risk exposure and not advised to continue to self-isolate.
  - Has no fever without taking fever reducing medication.
  - Symptoms have been improving for at least 24 hours (and/or 48 hours after last episode of vomiting/diarrhea).
- If symptoms continue or worsen after isolation is complete, the ill individual is to continue to stay home from school, daycare, or work and seek medical attention.

### **COVID-19 testing is not recommended**

COVID-19 testing is not recommended by the screening tool, COVID-19 Assessment Centre or has a known alternative diagnosis provided by a health care provider. The ill individual may return to school, daycare, or work if the answer is yes to **ALL** of the following:

- Has no known high-risk exposure and not advised to continue to self-isolate.
- Has no fever without taking fever reducing medication.
- Symptoms have been improving for at least 24 hours (and/or 48 hours after last episode of vomiting/diarrhea).

If the symptoms continue or worsen, the ill individual is to continue to stay home from school, daycare, or work and speak with a health care provider to obtain their recommendations. Follow the health care provider's recommendations, including testing for COVID-19 if required.

<sup>1</sup> Fully immunized for COVID-19 is 14 days or more after receiving the second dose of a two-dose COVID-19 vaccine series. Immunocompromised individuals who are fully-immunized are excluded from this definition, in accordance with [COVID-19 Fully Immunized and Previously Positive Individuals](#).

<sup>2</sup> A previously positive individual is a person who received a positive COVID-19 test result confirmed by PCR testing. As well, their initial positive result was 90 days or less AND they have been cleared by Public Health from their initial infection. Immunocompromised individuals are excluded from this definition, in accordance with [COVID-19 Fully Immunized and Previously Positive Individuals](#).

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