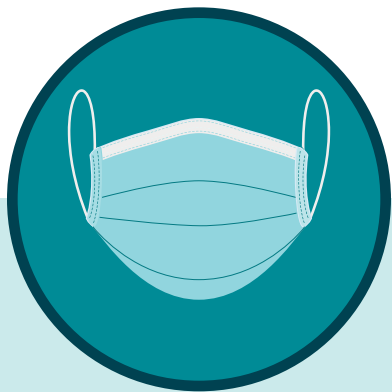


COVID-19: What to do if your child is dismissed from school or child care

Coping with COVID-19 can be stressful for families. It's important to follow the instructions outlined in your child's letter. Together we can be resilient and reduce spread in households and our community.

The instructions in this handout do not apply to **children who are fully vaccinated*** and **children who have been previously positive** in the last 90 days**. These children should follow directions for COVID-19 testing and isolation outlined in their letter.



The dismissed child:

Isolate together with a caregiver (if needed), which means wearing a mask and staying 2 meters apart from others as much as possible, using a separate bathroom and eating meals apart from others in the home.

It is strongly recommended for all children to follow the direction for COVID-19 testing in their letter.



Other children in the household:

Must stay home from school or child care, unless fully vaccinated* or previously positive**.

Do not need to self-isolate in a separate room.

Do not gather with any individuals outside of household members who are not fully vaccinated*

Avoid going to crowded places.



Adults in the household:

Choose caregivers for the dismissed child who are fully vaccinated, if possible.

Adults who are not fully vaccinated should work from home where possible, until the dismissed child returns to school or child care.

Fully vaccinated* and previously positive** adults can continue to go to work, if they pass their daily COVID-19 screening.



If anyone at home develops symptoms or tests positive for COVID-19, they and any household members who are not fully vaccinated* or previously positive** must SELF-ISOLATE and everyone should GET TESTED right away.

*Fully vaccinated means that you received all required doses of an approved COVID-19 vaccine at least 14 days before your initial exposure to someone with COVID-19. See our website for more detailed information.

**Previously positive means that you had COVID-19 within the past 90 days, you have recovered, and you have completed your isolation period from your initial infection.

If you are immunocompromised, you must isolate if exposed to a person with COVID-19, even if you are fully vaccinated or previously positive for COVID-19. If you have questions, speak to your health care provider.

For more information visit: <https://www.phsd.ca/health-topics-programs/diseases-infections/coronavirus/>

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