

## **MINUTES**

Community Drug Strategy for the City of Greater Sudbury
Steering Committee Meeting
Tuesday, January 21, 2020
10:30 A.M.—12 P.M.
1300 Paris Street, Sudbury

**Co-chairs:** Shana Calixte, Public Health Sudbury & Districts

Daniel Despatie, Greater Sudbury Police Service

**Recorder:** Laurie Willett Daoust, Public Health Sudbury & Districts

**Present:** 

Stephanie Bale, Renée Lefebvre, Sandra Lacle, Dr. Ariella Zbar, Karrie-Ann Jones, Public

**Health Sudbury & Districts** 

Dianne Zannier, Conseil scolaire public du Grand Nord de l'Ontario (CSPGNO)

Rebecca Poulin, Greater Sudbury Emergency Medical Services

Cindy Rose, Canadian Mental Health Association – Sudbury/Manitoulin

Roxane Zuck, Monarch Recovery Services

Natalie Aubin, HSN

Daniel Moike, HSN Addictions Services

Adam Day, North East Local Health Integration Network

**Regrets:** Denys Bradley, Federal Crown Attorney's Office

Nicole MacMillan, City of Greater Sudbury

Michelle Cotnoir, Conseil scolaire catholique du Nouvel-Ontario

Todd Marassato, Bob, Norman, Daniel Despatie, Greater Sudbury Police Service

Melissa Rooney, Greater Sudbury Emergency Medical Services

Catherine Watson, Health Sciences North Robert Parsons, Crown Attorney's Office Michelle Warth, Ontario Provincial Police

Adam Day, North East Local Health Integration Network

Amber Fritz, Réseau ACCESS Network

Stephanie Kehoe, Mamaweswen, The North Shore Tribal Council

Mary Jago, Rainbow District School Board Kathy Belanger, Sudbury Catholic School Board

	Item	Description of Outcome	Individual responsible for further action and deadline
1.0	ROLL CALL	The meeting was called to order at 10:40 a.m.	
2.0	WELCOME AND INTRODUCTIONS	Introductions were made around the table.	

	Item	Description of Outcome	Individual responsible for further action and deadline
3.0	REVIEW AND APPROVAL OF AGENDA	The agenda was approved.	
4.0	REVIEW AND APPROVAL OF MINUTES – November 19, 2019	The minutes from the previous meeting were approved with the following changes: 7.2 - change 200 Larch to 190 Larch	
4.1	ACTIONS ITEMS FROM PREVIOUS MINUTES	The minutes from the previous meeting were approved with the following changes: 7.2 - change 200 Larch to 190 Larch  ACTIONS ITEMS FROM PREVIOUS MINUTES  (6.1) Action: A. Fritz, K. Pelland, and S. Calixte to	A. Fritz,
		discuss an opportunity for individuals to sit at the Empowerment Council.  • Follow-up required.  (7.2) Action: M. Jago to provide needle recovery	K. Pelland, S. Calixte M. Jago
		numbers to N. MacMillan.  • Follow-up required.	IVI. Jago
		<ul> <li>(7.2) Action: N. MacMillan to speak to the CEO of the Canadian Mental Health Association regarding the reinstallation of the bin near 200 Larch, which had been removed during the renovation of the building.</li> <li>This action has been approved and will be completed in the spring.</li> </ul>	
		<ul> <li>(7.3) Action: R. Poulin to discuss with their General Manager on the capacity of EMS to train and then distribute naloxone on scene.</li> <li>R. Poulin has discussed with their general manager. More conversation with the ministry is needed regarding having EMS distribute.</li> </ul>	
		<ul> <li>(7.8) Action: A. Fritz to share the language wheel resource and the letter with the group.</li> <li>A. Fritz has shared these resources.</li> </ul>	S. Calixte, S. Laclé

	Item	Description of Outcome	Individual responsible for further action and deadline
		<ul> <li>(7.8) Action: C. Belanger to share a new evidence-based report.</li> <li>C. Belanger has shared the report.</li> <li>(7.9) Action: All members to follow-up within their agency about the Opioid Poisoning Response Plan.</li> <li>Members have spoken to their agencies.</li> <li>(8.3) Action: C. Belanger will send out key messages and tag agencies on social media for both campaigns.</li> <li>Messages were circulated, and agencies were tagged in social media posts.</li> </ul>	
5.0	DECLARATION OF CONFLICT OF INTEREST	None to declare.	
6.0	PRESENTATIONS		
6.1			
7.0	BUSINESS ARISING FRO	DM PREVIOUS MEETING	
7.1	CDS 2019-2020 Work Plan Session	In June, members were asked to provide an update on accomplished priorities and to map out priorities for 2020. A reminder was shared to provide the top 3 priorities (from the list of 100+) and to populate the work plan by the first week of January. The update will be shared at the Executive Committee which meets on January 31.  Health Promotion Pillar Update The committee met at the end of 2019. They are in the early stages of planning. Terms of Reference have been	
		written. Priorities include work on surveillance, antistigma, alcohol and cannabis. The group is meeting again next week.  Treatment Pillar Update The group has not been able to meet yet. However, the committee has been able to identify priorities and hopes to meet in the coming weeks.	R. Zuck

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		Discussion ensued regarding City libraries, and how to best support and raise awareness of community members around substance use. S. Calixte suggested connecting with Mette Kruger, Interim CEO of the Greater Sudbury Public Libraries.	
		Harm Reduction Pillar Update Priorities for this group include getting naloxone into first aid kits, the creation of a PEER sub-committee for youth, and the possibility of offering personal bio-bins to people who use drugs.	
		Enforcement and Justice Pillar Update Conversations will take place with the Crown and Federal Crown attorneys.	
7.2	Needle Disposal Bin Update	PHSD was to order new bins following commitment from the City to support the maintenance of new bins. Three new bins were ordered. No details yet as to where they will be installed.	
		In November, M. Jago was to provide needle recovery numbers to N. MacMillan. N. MacMillan was to speak to the CEO of CMHA regarding the re-installation of the bin near 200 Larch, which had been removed during the renovation of the building.	
		From the City's report (sent in by N. McMillan) in 2018, 116, 056 needles were recovered. In 2019, 216, 827 needles were recovered.	
		<b>ACTION:</b> <i>S. Calixte</i> to contact M. Jago and N. MacMillan regarding needle recovery numbers.	S. Calixte
7.3	Naloxone Distribution Update  Réseau ACCESS Network PHSD Pharmacies	An overview of the naloxone program statistics by PHSD and Réseau ACCESS was provided. Please see the Opioid Surveillance Dashboard on the PHSD website. The information is updated monthly. The dashboard can be found here: <a href="https://www.phsd.ca/health-topics-programs/alcohol-drugs/community-drug-strategy/research/opioid-surveillance">https://www.phsd.ca/health-topics-programs/alcohol-drugs/community-drug-strategy/research/opioid-surveillance</a>	

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	Letter to     support EMS     distribution	Dr. Piccinin and Dr. Lepage from HSN are doing more work at triage to identify opioid-related incidents in the ER.  A. Day referenced the surveillance work being done by North Bay with iDashboard. S. Calixte shared that the CDS Opioid Surveillance Workgroup continually discusses ways to improve and centralize surveillance data. Discussion were held with North Bay around their model, and best practices were considered and implement (where deemed appropriate) for the local dashboard.	
7.4	Needs Assessment and Feasibility Study (NAFS)	Dr. A. Zbar shared that she has received a rough draft report of the primary and secondary data from the research team.  The research group will be meeting on February 4 to review the data.  The report will then go to the Community Advisory Committee on February 27.  ACTION: N. Aubin to contact Dr. A. Zbar about committee membership.	N. Aubin
7.5	Health Promotion/Preventio n campaigns We are Jeff & Those people are us • Identify promotional opportunities	The Health Promotion/Prevention pillar is working towards additional promotion opportunities for the "We Are Jeff" and "Those People Are Us" campaigns.  S. Calixte asked the committee if they had any suggestions for promotion. The following ideas include:  • Digital ads and TVs (Medical clinics, St-Andrews Place, YMCA, etc.)  • Paid ads on YouTube and social media platforms  • Adding stigma into school curriculums (ex: OHL hockey team)  • Jumbotron at the Sudbury Arena  • Water Tower Advertising  • School board social media platforms  • Rainbow Mall digital sign  • Downtown Business Association	Page E of 0

	Item	Description of Outcome	Individual responsible for further action and deadline
		<ul> <li>Cinefest partnership</li> <li>Shadows of the Mind Film Festival in Sault Ste- Marie on February 22</li> </ul>	
		ACTION: S. Calixte to see if we can showcase the videos at the film festival and will follow up on other suggestions offered.	S. Calixte
7.6	Evaluation of CDS Partnership	S. Bale presented the results of the partnership evaluation. Twenty members of the steering committee and pillar committee members completed the survey. The results were mostly positive. There were areas identified for improvements. The results will be presented to develop next steps. The results and next steps will be brought to the Executive Committee for approval before actioning out changes.  S. Lacle asked if there were any items from the report that should take priority.  S. Calixte suggested a focus on equity issues (making sure we have a lens on systemic impacts on various groups ex: Indigenous people, people who use drugs, older adults).  S. Lacle would also like the group to look at improving communication at all levels.	
7.7	Opioid Poisoning Response Plan - update	Committee members were asked to place the response plan within their agency's Emergency Process and update staff roles and responsibilities.	All
		ACTION: Reminder to include response plan in emergency process.  S. Lacle suggested follow-up letters to senior staff.	All
8.0	NEW BUSINESS		
8.1	Council Meeting Presentation	Dr. Sutcliffe and Chief Pedersen will be presenting to the CGS Council this evening. The presentation will include the high-level work being done at the pillars and suggestions on how decision-makers can support CDS.	

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8.2	Minister Visit	A meeting with the Associate Minister of mental health and addictions will be taking place in February.	
8.3	Coordinator position	The CDS Coordinator position is currently vacant. The recruitment process is now underway. S. Bale will be assuming coordinator duties in the interim.	
8.4	E-Cigarette and Aerosolized Product Prevention and Cessation Motion	Board of Health moved a motion to adopt an expert- informed comprehensive tobacco and e-cigarette strategy to address flavoured e-juice, online sales to minors, treatment programs for youth cessation, and public education, and the Board urges the Minister to work with provincial, territorial and federal counterparts to adopt other evidence-informed strategies such as taxation, use prohibition, industry de-normalization, and cross-Canada public education to address this emerging public health issue. S. Calixte encouraged members to present agenda items on this topic if needed.  D. Zannier reported that they have partnered with PHSD to create a video for youth.	
8.5	Emergency Department substance use statistics	N. Aubin, Administrative Director, Mental Health and Addictions at Health Sciences North, discussed the data on the various substance-related visits seen in the emergency department. Substances are not limited to opioids, therefore she wanted to make the group aware of the stats coming into HSN and determine how she can assist the steering committee going forward. Alcohol use has been highlighted as having a higher rate of admission in the emergency department and could become a priority topic for the CDS.  ACTION (long-term): The group will look at doing some harm reduction work related to other substances including alcohol use.  N. Aubin shared that there are new programs in place for mental health and addictions. S. Lacle requested a presentation about the new programs and needs-based planning.	All
			A. Day

	Item	Description of Outcome	Individual responsible for further action and deadline
		ACTION: A. Day to prepare a presentation about needs-based planning for the next meeting in April. ACTION: N. Aubin to discuss new programs. ACTION: S. Calixte to add a standing item on the agenda for updates from N. Aubin.	N. Aubin S. Calixte
9.0	FOUNDATION WORKIN	IG GROUPS' REPORTS	
9.1	Health Promotion and Prevention	Nothing more to report. The group meets on January 29.	
9.2	Treatment	Nothing more to report.	
9.3	Harm Reduction	Nothing more to report.	
9.4	Enforcement and Justice	D. Despatie reported that \$1.6M of drugs have been seized (fentanyl, cocaine related) recently.  He also shared that one person has recently been charged (locally) with manslaughter in connection with	
		a deadly opioid overdose.	
9.5	Communications Working Group	Nothing more to report.	
9.6	Opioid Surveillance Committee	The group has collaborated with community partners to have information/data available to display on the opioid dashboard monthly.  The regional coroner has been invited to talk to HSN,	
		PHSD, and GSPS on February 4.	
10.0	ANNOUNCEMENTS/UP	DATES	
10.1	CDS Drug Alert November 28, 2019	The drug alert was circulated with the group.	
10.2	Chief Public Health Officer of Canada:	The report and key learnings were shared.	
	Addressing Stigma report	PHSD is working on anti-stigma messaging. The CDS evaluation report also states that more work is needed on stigma.	
10.3	CDS Drug Alert January 10, 2019	The drug alert was circulated with the group.	
11.0	NEXT MEETING	Date: April 21, 2020 Time: 10:30 a.m 12:00 p.m.	

	Item	Description of Outcome	Individual responsible for further action and deadline
		All meetings will be held at Withdrawal Management Services, 336 Pine Street.	
12.0	ADJOURNMENT	The meeting adjourned at 12:05 p.m.	