

I wear a mask because...

I want to protect those around me.

Mask wearing is required for a total of 10 days after symptom onset, even if self-isolation is complete, in all public settings.

I was in close contact with someone who has COVID-19.

I live with someone who has COVID-19 and I am exempt from self-isolation.

I recently travelled out of the country.

Wearing a mask makes me feel more comfortable.



There are many reasons to wear a mask. Be kind.

Public Health Sudbury & Districts continues to strongly recommend the use of well-fitted masks.

Ce document est disponible en français

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