



# Menu Schedule 2024

| Week of Delivery | Items*                              | Keep Refrigerated                   |
|------------------|-------------------------------------|-------------------------------------|
| January 8        | Apples                              | <input checked="" type="checkbox"/> |
|                  | Mini cucumbers                      | <input checked="" type="checkbox"/> |
| January 15       | Clementines                         | <input checked="" type="checkbox"/> |
|                  | Mini peppers                        | <input checked="" type="checkbox"/> |
| January 22       | Pears**                             | <input checked="" type="checkbox"/> |
|                  | Sugar snap or snow peas             | <input checked="" type="checkbox"/> |
|                  | Ranch dip                           | <input checked="" type="checkbox"/> |
| January 29       | Blueberries                         | <input checked="" type="checkbox"/> |
|                  | Grape tomatoes                      | <input checked="" type="checkbox"/> |
| February 5       | Clementines                         | <input checked="" type="checkbox"/> |
|                  | Mini peppers                        | <input checked="" type="checkbox"/> |
| February 12      | Apple sauce cups                    | <input checked="" type="checkbox"/> |
|                  | Mini carrots                        | <input checked="" type="checkbox"/> |
|                  | Ranch dip                           | <input checked="" type="checkbox"/> |
| February 19      | Family Day week<br>No deliveries    |                                     |
| February 26      | Nectarines                          | <input checked="" type="checkbox"/> |
|                  | Mini cucumbers                      | <input checked="" type="checkbox"/> |
| March 4          | Apples                              | <input checked="" type="checkbox"/> |
|                  | Mini carrots                        | <input checked="" type="checkbox"/> |
| March 11         | Spring Break week<br>No deliveries  |                                     |
| March 18         | Plums                               | <input checked="" type="checkbox"/> |
|                  | Grape tomatoes                      | <input checked="" type="checkbox"/> |
|                  | Ranch dip                           | <input checked="" type="checkbox"/> |
| March 25         | Grapes                              | <input checked="" type="checkbox"/> |
|                  | Mini peppers                        | <input checked="" type="checkbox"/> |
| April 1          | Easter Monday week<br>No deliveries |                                     |
| April 8          | Strawberries                        | <input checked="" type="checkbox"/> |
|                  | Mini cucumbers                      | <input checked="" type="checkbox"/> |

| Week of Delivery | Items*  | Keep Refrigerated                   |
|------------------|---|-------------------------------------|
| April 15         | Apples  | <input checked="" type="checkbox"/> |
|                  | Mini carrots  | <input checked="" type="checkbox"/> |
|                  | Ranch dip   | <input checked="" type="checkbox"/> |
| April 22         | Clementines   | <input checked="" type="checkbox"/> |
|                  | Mini peppers  | <input checked="" type="checkbox"/> |
| April 29         | Pears**   | <input checked="" type="checkbox"/> |
|                  | Mini cucumbers  | <input checked="" type="checkbox"/> |
| May 6            | Blueberries   | <input checked="" type="checkbox"/> |
|                  | Grape tomatoes  | <input checked="" type="checkbox"/> |
| May 13           | Apple sauce cups  | <input checked="" type="checkbox"/> |
|                  | Sugar snap or snow peas   | <input checked="" type="checkbox"/> |
|                  | Ranch dip   | <input checked="" type="checkbox"/> |
| May 20           | Victoria Day week<br>No deliveries                                      |                                     |
| May 27           | Clementines   | <input checked="" type="checkbox"/> |
|                  | Mini peppers  | <input checked="" type="checkbox"/> |
| June 3           | Strawberries  | <input checked="" type="checkbox"/> |
|                  | Mini carrots  | <input checked="" type="checkbox"/> |
|                  | Ranch dip   | <input checked="" type="checkbox"/> |
| June 10          | Nectarines  | <input checked="" type="checkbox"/> |
|                  | Grape tomatoes  | <input checked="" type="checkbox"/> |
|                  | Last week of deliveries for schools that end during the week of June 17 |                                     |
| June 17          | Apples  | <input checked="" type="checkbox"/> |
|                  | Mini cucumbers  | <input checked="" type="checkbox"/> |
|                  | Last week of deliveries for schools that end during the week of June 24 |                                     |

\*Items subject to change based on product availability and quality.

\*\*If pears arrive too firm, please leave in box at room temperature until ripe.

January 2024



**Public Health**  
**Santé publique**  
SUDBURY & DISTRICTS