

Healthy Babies Healthy Children

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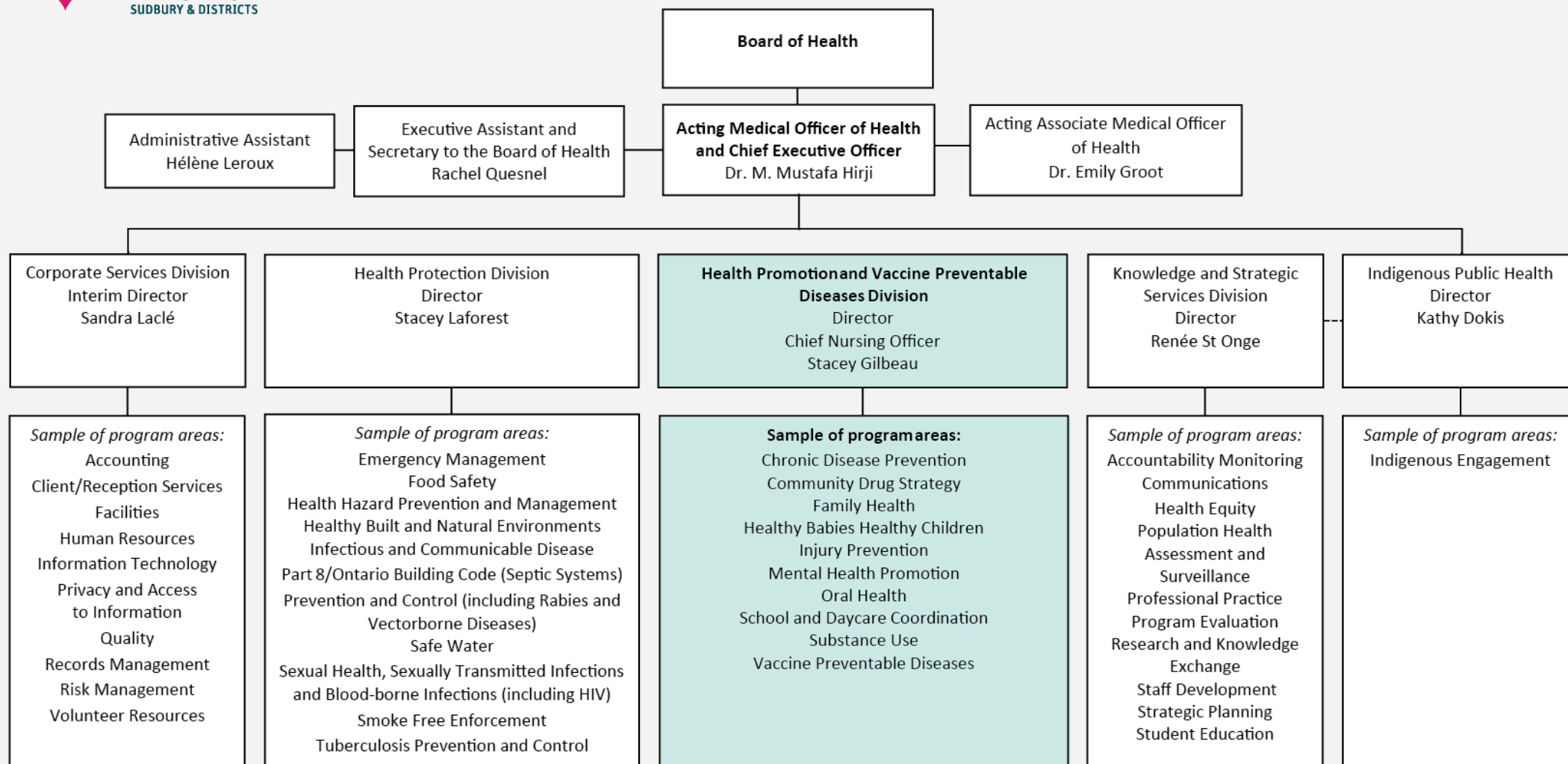
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R: April 1, 2025

Importance of healthy families



Background

- 100% provincially-funded program
- Voluntary
- Provides prevention, early identification, and intervention services
- Goal is to optimize health to improve the health of prenatal families, newborns, and children while working to facilitate access to services and reduce health inequities

Program components

There are two components:



Universal



Targeted

Healthy Babies Healthy Children families

Year	Total # of live births	Total # of families screened for HBHC	Total # of families admitted to HBHC	Total # of new and previously admitted families
2024	1483	1371 (92%)	247	405

BORN, 2025; Integrated Services for Children Information System (ISCIS), April 2025

Topics of interest and areas of support

- Attachment and bonding
- Safe sleep and Injury Prevention
- Infant feeding and childhood nutrition
- Food insecurity and housing
- Positive parenting strategies
- Healthy growth and development
- Navigating the health care system
- Public Health Programs
- Community referrals

Health information line



Healthy Babies Healthy Children landscape

- We work across our service area to help families identify and reach their prenatal and parenting goals.



Key partnerships



Base-funding needs for the Healthy Babies Healthy Children program

- Received a small funding increase in 2023 of \$110,047 (the first since 2008).
- Lack of funding means a reduced number of home visits and staff compliment.
- The Board of Health has called for more funding.
- Currently the program has an operating budget of \$1,725,944 (2024-2025).

Looking ahead

- Continue to advocate for an increase in funding for the HBHC program
- Enhance the support we provide to families
- Strengthen partnerships across the service area
- Increase Indigenous engagement





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