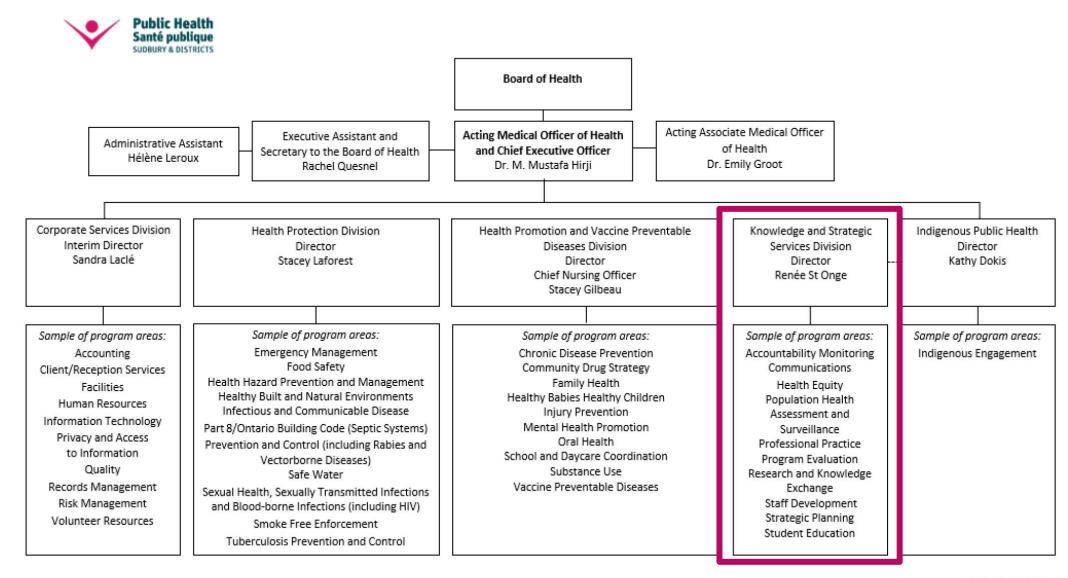
Positive Space

Ginette Demers (she/her/elle), Manager, Health Equity Team Geneviève Projean (she/her/elle), Public Health Nurse, Health Equity Team

Knowledge and Strategic Services Division Thursday, June 12, 2025





R: April 1, 2025

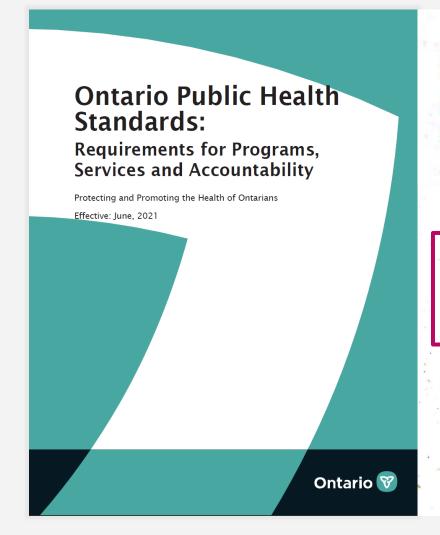
Welcome to Pride season!





Public Health Sudbury & Districts

What drives our work



Public Health Sudbury & Districts 2024–2028 Strategic Plan

Strategic Priorities

Equal opportunities for health

We strive for health equity by championing equal opportunities for health.

Excellence in public health practice

We strive for ongoing excellence in local public health practice, including demonstrating accountability and monitoring the effectiveness, impact, and quality of our programs and services.

Impactful relationships

We establish relationships that lead to impactful partnerships, collaborations, and engagement.

Healthy and resilient workforce

We will invest in our public health workforce and ensure that we are well positioned to meet the needs of the communities we serve.

2SLGBTQIA+ population is a priority population

- Gender identity and expression, sexual orientation and attraction are social determinants of health.
- 4.2% of the population in Ontario identifies as 2SLGBTQIA+ (2019-21, Statistics Canada*). Estimated population for Sudbury and districts: ~8 500 people
- In Northern Ontario, 2SLGBTQIA+ individuals report poorer mental health and social outcomes than the general population. **(38.2% vs. 63.7%)

^{*} Statistics Canada. Socioeconomic characteristics of the 2SLGBTQ+ population, 2019 to 2021.

^{**} Statistics Canada. Canadian Community Health Survey (2015-2021). Ontario Ministry of Health

Invisible
No More:
Voices from
the Queer
Community



www.phsd.ca/2slgbtq

Recommendations from the study

Amplify the voices of 2SLGBTQIA+ **Amplify** community members. **Review and** Review and modify agency policies, procedures, and practices. modify Build capacity for safer spaces for Build 2SLGBTQIA+ staff and community members.

Share resources to increase inclusion and reduce the stigma of the 2SLGBTQIA+ population.

Enhance supports across the life course for 2SLGBTQIA+ community members.

Promote Promote improved mental health supports and services.

Create

Create safe opportunities to promote social connections among the 2SLGBTQIA+ community.

www.phsd.ca/2slgbtq

Our efforts to support the 2SLGBTQIA+ community

Staff development

- Mandatory staff training from Rainbow Health Ontario.
- Onboarding for new staff.

Reflection Circles

- Discussions with staff about:
 - incorporating their learnings into programs and services;
 - opportunities to modify their practices.

Positive Space

 Our commitment to becoming a more positive space for EVERYONE – clients, staff, partners, volunteers, students, contractors.

Positive Space at Public Health

- Accessible and inclusive washrooms
- Language modification in the *Workplace Violence Harassment Discrimination Policy*
- Updated client and staff intake forms
- Use of pronouns
- Positive Space website content
- Stickers and buttons for staff
- Feedback mechanisms from clients and staff



Positive Space – how are we doing?

- Essential to monitor progress and outcomes
- Evaluation focuses on:
 - audit of intake forms
 - audit of staff training
 - client and staff surveys
 - staff focus groups
 - review of client and staff feedback



Positive Space evaluation: Early insights

- Most **staff** (97%) feel supported Many **clients** (88%) agree they with implementing a Positive Space.
- Facilitators:
 - Dialogue on intersectionality and inclusion for all
 - Training and staff development
 - Actionable steps (beyond statement)
- Challenges:
 - Experiences of discrimination

- were treated in a safe and respectful manner.
- Experiences included:
 - being respected and made to feel "normal" even if they are trans
 - being misgendered and not using pronouns

Early insights: Recommendations for improvement

- Partnerships and collaborations with 2SLGBTQIA+ people and service providers
- Working on enhancement of positive, inclusive, and safer spaces through Public Health services in the community
- Additional staff development and routine training opportunities to ensure Positive Space efforts are continuously actioned



Next steps

- Finalize evaluation + reporting + actioning recommendations
- Phase 2 evaluation
- Collection of socio-demographic data pertaining to gender identity and sexual orientation
- Ongoing staff development
- Monitor staff and client feedback
- Amplify 2SLGBTQIA+ voices to shape community engaged research and programming





Thank you Merci Miigwetch

Public Health Sudbury & Districts



Copyright ©

This presentation was prepared by Public Health Sudbury & Districts.

This resource may be reproduced, for educational purposes, on the condition that full credit is given to Public Health Sudbury & Districts.

This resource may not be reproduced or used for revenue generation purposes.

© 2025, Public Health Sudbury & Districts